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Medication Table: Antidepressants (including SSRIs) in Adults

Sommaire : Information for prescribers for key antidepressants used in adult depression.

Antidepressant Medication Table (Adults)

	Name (Brandname)	Start dose	Initial target dose	Max dose	Sedation	QT	Weight Gain	Sexual	Comments
SSRI	Citalopram (Celexa)	10	20	40	0	1+	1+	3+	Watch for QTc prolongation if >40 mg daily
	Escitalopram (Cipralex)	5	10	20 (30*)	0	1+	1+	3+	S-isomner of Citalopram
	Fluoxetine (Prozac)	10	20	80	0	1+	1+	3+	Long half-life useful for teenagers; however, caution in elderly Watch for drug-drug interactions
	Sertraline (Zoloft)	25	50	200	1+	0-1+	1+	3+	May be used in panic disorder; consider in postpartum
	Paroxetine (Paxil)	10	20	50	1+	0-1+	2+	4+	Short half-life; watch for discontinuation syndrome Avoid in elderly and pregnancy
	Vortioxetine (Trintellix)	5	10	20	0	0	0	0-3+	Sexual side effects are dose dependent Crossover when switching
	Fluvoxamine (Luvox)	50	100	300	1+	0-1+	1+	3+	Significant GI side effects

	Name (Brandname)	Start dose	Initial target dose	Max dose	Sedation	QT	Weight Gain	Sexual	Comments
SNRI	Venlafaxine XR (Effexor)	37.5	75	225 (300*)	1+	1+	0	3+	May increase blood pressure! Watch for discontinuation syndrome
	Desvenlafaxine (Pristiq)	50	50	100	1+	0	0	3+	May increase blood pressure! Watch for discontinuation syndrome
	Duloxetine (Cymbalta)	30	60	120	0	0	0	3+	Also approved for several pain conditions
NDRI	Bupropion XL (Welbutrin)	150	300	300 (450*)	0	1+	0	0	Avoid in those prone to seizures and in eating disorder
NaSSA	Mirtazapine (Remeron)	30	30	45	4+	1+	4+	1+	Significant sedation and increased appetite.