

# Raising Responsible Children

A Collaborative Approach to Raising Kids Who Can

**Alyson Schafer**

**Adlerian Family Therapist, Bestselling Author and  
Internationally Acclaimed Parenting Expert**



Today's children seem to lack the interest or enthusiasm for independence that other generations enjoyed. Why do we find it so hard to get our children to be punctual, do their chores and manage their school work without our constant nagging and supervision? Do you recognize the signs of a power struggle before you're in the thick of it?

**In this talk, Alyson will discuss:**

- The importance of giving children autonomy
- The factors that interfere with transferring responsibility to children
- Strategies to employ and how to keep kids accountable
- How to resolve power struggles in positive ways

Alyson Schafer is a psychotherapist, best-selling author and internationally acclaimed parenting expert with an approach that empowers families to live as a democratic unit. Her style is fast, witty, warm and engaging. She is the resident expert on the Marilyn Denis Show, CTV News Channel and ParentDisch.ca. Her books include *Ain't Misbehavin'*, *Honey, I Wrecked the Kids*, and *Breaking the Good Mom Myth*. Alyson offers free parenting tips at [www.alysonschafer.com](http://www.alysonschafer.com).

**Tuesday, November 10<sup>th</sup>, 2015**

**7:00 – 9:00pm**

**RA Centre – 2451 Riverside Drive Ottawa, ON**

**Cost: \$35.00 + HST**

**To register, please call the Adlerian Counselling and Consulting Group at 613-737-5553 or email [info@adleriancentre.com](mailto:info@adleriancentre.com)**

The Adlerian Counselling and Consulting Group is a leader in providing counselling and psychotherapy services in the Ottawa area. Our team is a highly skilled group of experienced therapists who work with individuals, couples, and families, to find positive and creative solutions to the challenges they face.

**[www.adleriancentre.com](http://www.adleriancentre.com)**